**Respecting Others (Grade 12)**

Learning Target: I can describe the impact that forgiveness has on all parties involved.

**Activity II: Forgiving**

1. For each one of the quotes below, read through individually, in small groups, or as a large group.
2. Discuss whether or not you agree with the quote.
3. Back up your point of view, but also listen to other people’s points of view.

* “I have learned that sometimes "sorry" is not enough. Sometimes you actually have to change.” - Claire London

Do you agree? Why (or why not)?

* “[The weak can never forgive. Forgiveness is the attribute of the strong.](http://www.brainyquote.com/quotes/quotes/m/mahatmagan121411.html)” -[Mahatma Gandhi](http://www.brainyquote.com/quotes/authors/m/mahatma_gandhi.html)

Do you agree? Why (or why not)?

* “[Mistakes are always forgivable, if one has the courage to admit them.](http://www.brainyquote.com/quotes/quotes/b/brucelee383809.html)” -[Bruce Lee](http://www.brainyquote.com/quotes/authors/b/bruce_lee.html)

Do you agree? Why (or why not)?

* “A stiff apology is a second insult… The injured party does not want to be compensated because he has been wronged; he wants to be healed because he has been hurt.” –Gilbert K. Chesterton

Do you agree? Why (or why not)?

* “[People can be more forgiving than you can imagine. But you have to forgive yourself. Let go of what's bitter and move on.](http://www.brainyquote.com/quotes/quotes/b/billcosby389450.html)” -[Bill Cosby](http://www.brainyquote.com/quotes/authors/b/bill_cosby.html)

Do you agree? Why (or why not)?

* “[To forgive is to set a prisoner free and discover that the prisoner was you.](http://www.brainyquote.com/quotes/quotes/l/lewisbsme135524.html)” -[Lewis B. Smedes](http://www.brainyquote.com/quotes/authors/l/lewis_b_smedes.html)

Do you agree? Why (or why not)?

* "Forgiveness does not change the past, but it does enlarge the future." - Paul Boese

Do you agree? Why (or why not)?

Reflection:

1. Has there been a time when you felt forced to make an apology but didn’t feel sorry for what you did?
2. How does apologizing (even though you don’t feel sorry) impact the person to whom you are apologizing?
3. Have you ever received an apology that you felt was not sincere? How did it impact you?
4. Describe a time you forgave someone for something they had done.
5. How does forgiving others impact you?
6. How does forgiving others impact the people you forgive?
7. Have you ever held a grudge?
8. How does holding a grudge impact the person who is holding the grudge?