**The Advisory Program 2015-16**

* **The Advisory Program**
	+ Statement of Purpose
	+ Role of the Advisor
	+ Role of the Advisee
	+ Message to Students
	+ Risk Determination
	+ Contact
		- Advisory Program Committee
		- Student Support
		- Advisories by Grade 2014-15
* **September: Goal-Setting**
	+ **All Grades**
		- Advisee Information Sheet (grade 9)
		- Group Norms/Expectations
		- Social/Civic Rubric Activity I
		- Social/Civic Rubric Activity II
		- Evaluating Goals Activity
		- SMART Goal Examples by Grade
		- SMART Goal Setting
		- Videos: Goal-setting
* **October: Technology**
	+ **Grade 9: School Resources**
		- Know Your School Activity
		- School Resources Discussion
		- Is it Plagiarism? Activity
		- Rubric Reinforcement Activity: October
		- Video: The Use of Technology (& Discussion Questions)
		- Links: common sense media, copyright, plagiarism
	+ **Grade 10: Personal Devices**
		- Personal Devices Discussion
		- Think Before You Post Activity
		- Personal Devices Role Play
		- Electronic Device Etiquette Storybook
		- Internet Copyright: Lip Dub Activity
		- Rubric Reinforcement Activity
		- Video: Social Media Addiction
		- Video: Posting Online (w/ Discussion Questions)
		- Videos: Lip Dub Samples
		- Links: common sense media, copyright
	+ **Grade 11: Cyber-bullying**
		- Online & Offline Activity
		- Looking at Roles Activity
		- The Things We Say Activity
		- Reflecting on Roles Activity
		- Cyber-bullying Role Play
		- Rubric Reinforcement Activity: October
		- Libel Activity
		- Video: Saying Things Online
		- Video: Two Cyberbullying Stories (w/ Discussion Questions)
		- Video: Bullying Music Performance
		- Video: Music on Bullying
		- Links: common sense media, CT Bully Laws, violence prevention, defamation
	+ **Grade 12: Social-Networking**
		- Who Would You Accept/Employ? Activity
		- 5 Years From Now Activity
		- The Impressions We Make Activity
		- Social-Networking Discussion
		- Rubric Reinforcement: October
		- Video: Online Activity and Tech Companies
		- Links: common sense media, social networking pros and cons
* **November: Who We Are, Who We’ll Be**
	+ **Grade 9: Knowing Oneself**
		- Time Capsule Sheet
		- 2 Truths, 1 Lie Activity
		- Personality Quiz
		- Rubric Reinforcement Game
		- Video: Identity (w/ Discussion Questions)
		- Video: Awesome and Awkward
		- Video: When I Look in the Mirror
		- Links: personality test, color quiz, learn myself
	+ **Grade 10: Knowing Each Other**
		- One Thing of Me Activity
		- Likes/Dislikes Charades Activity
		- Career Family Tree Activity
		- Rubric Reinforcement Game
		- Video: Emotional Intelligence (w/ Discussion Questions)
		- Video: But You Look Good (w/ Discussion Questions)
		- Video: Diary of Selfies (w/ Discussion Questions)
		- Links: invisible disabilities
	+ **Grade 11: Qualities & Careers**
		- The World You Come From Activity
		- What Makes Us Unique Activity
		- Career Hangman & Reflection
		- Career Word Scramble & Reflection
		- Planning For the Future Discussion
		- Rubric Reinforcement Game
		- Video: Career Paths
		- Videos: Individual Careers Explained
		- Video: How to Find You Passion
		- Links: career paths, student aid, questions to ask at college fairs
	+ **Grade 12: Planning for the Future**
		- Planning For the Future Activity
		- Resume Verbs Activity
		- Interviewing Activity
		- Rubric Reinforcement Game
		- Video: Poor Interviewing (w/ Discussion Questions)
		- Video: Interviewing
		- Video: Regular People
		- Video: Power Posing
		- Link: resume templates and samples
* **December: Community Building**
	+ **Grade 9: Building Community in Advisory**
		- School Community Questionnaire Activity
		- Building Community Activity
		- Outlining Similarities (Group Profile) Activity
		- Video: You Have a Choice (w/ Discussion Questions)
		- Video: Supporting Others (w/ Discussion Questions)
	+ **Grade 10: Being a Part of Larger Communities**
		- Making a Difference in the Community
		- Local and School Clubs and Activities discussion
		- Post-It Activity
		- Video: Reaching Out to the Community (w/ Discussion Questions)
		- Video: A Message to All (w/ Discussion Questions)
	+ **Grade 11: Causes**
		- Causes Auction
		- Causes Advertisement Activity
		- Contributing: Where and How? Activity
		- Video: If You Give a Little Love
		- Video: Veterans
		- Video: Know Who You’re Donating To
		- Links: specific causes
	+ **Grade 12: Contribution**
		- Community Discussion
		- Making Plans to Contribute Activity
		- Follow Through With a Plan to Contribute
		- Video: Just a Touch of Love (w/ Discussion Questions)
		- Link: Newington Volunteering
* **January: Goals & Life Obstacles**
	+ **Grade 9: Recognizing Abuse**
		- Goal Check-In Activity
		- Active Participation Activity
		- Study Skills Activity
		- Controlling Behavior
		- Video: One Woman’s Story
		- Video: Dating Abuse
		- Video: Are You Experiencing Emotional Abuse
		- Links: CT Coalition Against Domestic Violence, Rape Abuse & Incest National Network, CT Sexual Assault Crisis Services, ASPIRE app
	+ **Grade 10: Dealing With Rejection**
		- Goal Check-In Activity
		- Active Participation Activity
		- Study Skills Activity
		- Winning & Losing Activity
		- Video: Saying “No” (w/ Discussion Questions)
		- Video: Dealing with Rejection
		- Video: Accepting Rejection
		- Video: Janis Joplin on Rejection (w/ Discussion Questions)
		- Video: David Foster Wallace on Ambition (w/ Discussion Questions)
		- Video: Unwanted (w/ discussion questions)
		- Links: pain of social rejection, ostracism, improving self-esteem
	+ **Grade 11: Respecting Authority (Respecting Others)**
		- Goal Check-In Activity
		- Active Participation Activity
		- Study Skills Activity
		- Speeding Ticket Activity
		- Video: Disrespecting Authority (w/ Discussion Questions)
		- Video: Encounters with Police
		- Video: Sexual Objectification
		- Link: Newington Police Dept
	+ **Grade 12: Substance Abuse\***
		- Goal Check-In Activity
		- Active Participation Activity
		- Study Skills Activity
		- Alcohol Use Spectrum
		- Video: Common Stories
		- Video: From Their Loved Ones
		- Video: Effect of Substance Abuse
		- Links: drug free.org, CT Clearinghouse, finding treatment, help guide
* **February: Respecting Others**
	+ **Grade 9: Empathy & Listening**
		- Ethical Decision Making Activity
		- Empathy Activity
		- Active Listening Activity
		- Conflict Resolution Activity
		- Video: Empathy (w/ Discussion Questions)
		- Video: Listening (w/ Discussion Questions)
		- Video: Talking to Others
		- Video: Me Monster (w/ Discussion Questions)
	+ **Grade 10: Understanding Others**
		- Culture Bingo I Activity
		- Culture Bingo II Activity
		- Cultural Proverbs Activity
		- Respecting Cultures Discussion
		- Video: Cultural Gestures (w/ Discussion Questions)
		- Video: What Some Don’t Know (w/ Discussion Questions)
		- Video: Racism in the Workplace
		- Video: Focus on Equality
		- Video: History of Race
		- Links: Anti-Defamation League, Understanding Gender, Politics of Identity, Office of Diversity and Inclusion
	+ **Grade 11: Communication**
		- The Herman Grid Activity
		- Communicating With Others Activity
		- Chain of Diversity
		- What Do You Know or What Have You Heard?
		- Video: The Things Some say
		- Video: The Importance of Accepting Others
		- Video: Prejudice and Profiling (w/ Discussion Questions)
		- Video: Talking About Depression
		- Video: Gossip (w/ discussion questions)
	+ **Grade 12: Apologizing & Forgiving**
		- Apologizing Activity
		- Forgiving Activity
		- The Power of Forgiveness
		- Video: Saying Sorry (w/ Discussion Questions)
* **March: Personal Growth**
	+ **Grade 9: Growth Mindsets**
		- Important Decisions Activity
		- Growth Mindsets Activity
		- Growth Mindsets- Common Sayings Activity
		- Getting Along Activity
		- Video: Automatic Thoughts (w/ Discussion Questions)
		- Video: Crisis, Resilience, & the Growth Mindset (w/ Discussion Questions)
		- Link: Road to Resilience
	+ **Grade 10: Stress**
		- Am I Stressed Out? Activity
		- Personal Stress Management Activity
		- Stress Relievers Activity
		- What Would You Do If… Activity
		- Video: Time Management
		- Video: How to Meditate
		- Video: Yoga at Your Desk & Standing Yoga
		- Video: Stress Management
	+ **Grade 11: Leadership**
		- Post-Secondary Education Bingo
		- Leadership Inventory Activity
		- Identifying Leadership Skills Activity
		- Acting out Leadership Skills Activity
		- Video: Poor Leadership (w/ Discussion Questions)
		- Video: Leadership Skills
		- Video: Build Your Leadership Skills
	+ **Grade 12: Attitude**
		- How Does Attitude Affect My Job? Activity
		- Employer Expectations Activity
		- Job Hunting Activity
		- Career Vocabulary Activity
		- Anger Management Activity
		- Video: Edith Eva Eger (w/ Discussion Questions)
		- Video: First Impressions
* **April: Citizenship**
	+ **Grade 9: Respecting the Environment**
		- Earth Day Word Ladder
		- Sing Down Activity
		- Pieces of the Puzzle
		- The Reuse Activity
		- Video: Repurposing for the Garden
		- Video: Single Stream Recycling
		- Links: CT DEEP, Earth Day, Repurposing
	+ **Grade 10: Waste**
		- Agree/Disagree Activity
		- How Much Water? Activity
		- Spreading Environmental Awareness
		- Video: Plastic Waste (music)
		- Video: Trash & Recycling
		- Video: Over-Consumption
		- Video: Girl Petitions Against Waste
		- Links: CT DEEP, All About Waste, Earth Day
	+ **Grade 11: Global Awareness**
		- Environmental Issues Debate
		- From Volunteering Activity
		- Environmental Awareness Word Search
		- Video: Global Awareness
		- Video: Saving the Rainforest
		- Video: Global Conflict and Peace (w/ Discussion Questions)
		- Video: Where is the Love? (music)
		- Links: CT DEEP, National Geographic: Environment, Rainforests
	+ **Grade 12: Civic Duties (& Paying It Forward)**
		- Civic Duty Discussion
		- Words of Advice Activity
		- Sharing Experiences Activity
		- Surviving High School Board Game Activity
		- Video: Keep Kindness Afloat (w/ Discussion Questions)
		- Video: Paying It Forward (w/ Discussion Questions)
		- Videos: How to Vote & Voting
		- Links: Voter Information & Registration, Our Time, Petitions
* **May: Goal Reflection**
	+ **Grade 9: Respecting Oneself**
		- Rubric Evaluation Activity
		- SMART Goal Student Reflection Activity
		- Advisory Reflection Survey
		- Responding with Respect
		- Video: Confidence (w/ Discussion Questions)
		- Video: How to Respect Yourself
		- Video: Pro & Anti- Modest Clothing (w/ Discussion Questions)
		- Link: Amy Poehler’s Smart Girls
	+ **Grade 10: Being an Advocate**
		- Rubric Evaluation Activity
		- SMART Goal Student Reflection Activity
		- Advisory Reflection Survey
		- Being an Advocate
		- Assertive, Passive, Aggressive
		- Video: Standing Up For Beliefs (music)
		- Video: Silence
		- Video: Bystanders
		- Video: Characters Unite: I Won’t Stand For…
	+ **Grade 11: Building Professional Relationships**
		- Rubric Evaluation Activity
		- SMART Goal Student Reflection Activity
		- Advisory Reflection Survey
		- Interpersonal Connections Activity
		- References Activity
		- Video: Interpersonal Relationships (w/ Discussion Questions)
	+ **Grade 12: HIV & AIDS Awareness**
		- Rubric Evaluation Activity
		- SMART Goal Student Reflection Activity
		- Advisory Reflection Survey
		- HIV Awareness Story
		- Video: The Difference Between HIV and AIDS
		- Video: Discrimination Against People with HIV
		- Links: AIDS.gov, AIDS.org, red.org
* **June: Summer Plans**
	+ **Grades 9**
		- Summer Plans Activity
		- Human Trafficking Activity
		- Video; Human Trafficking
		- Video: Modern Day Slavery
		- Links: Newington Parks & Rec, Human Trafficking Awareness
	+ **Grade 10**
		- Summer Plans Activity
		- Video: Habitat for Humanity
		- Video: Trying to Conform to a Stereotype (w/ Discussion Questions)
		- Links: Newington Parks & Rec
	+ **Grade 11**
		- Summer Plans Activity
		- Video: Hard Choices
		- Link: Newington Parks & Rec
	+ **Grade 12**
		- Time Capsule Reflection Activity
		- Video: Commencement Speech-Carey (w/ Discussion Questions)
		- Video: Commencement Speech-Cosby
		- Links: Health Insurance, Housing
* **Ice-Breakers & Team-Builders**
	+ **All Grades**
		- Crossword Connection
		- Take a Stand
		- I’ve Done Something You Haven’t Done
		- Similarity Charades
		- Birthday Line-Up
		- Describing Personalities
		- 5 Items
		- Introduce Another
		- Purse/Pocket Scavenger Hunt
		- Find Someone Who…
		- Group Survival
		- Who Will Be Saved?
		- Keep It Moving
		- Drop the Ball
		- Lend a Hand