**The Advisory Program 2015-16**

* **The Advisory Program**
  + Statement of Purpose
  + Role of the Advisor
  + Role of the Advisee
  + Message to Students
  + Risk Determination
  + Contact
    - Advisory Program Committee
    - Student Support
    - Advisories by Grade 2014-15
* **September: Goal-Setting**
  + **All Grades**
    - Advisee Information Sheet (grade 9)
    - Group Norms/Expectations
    - Social/Civic Rubric Activity I
    - Social/Civic Rubric Activity II
    - Evaluating Goals Activity
    - SMART Goal Examples by Grade
    - SMART Goal Setting
    - Videos: Goal-setting
* **October: Technology**
  + **Grade 9: School Resources**
    - Know Your School Activity
    - School Resources Discussion
    - Is it Plagiarism? Activity
    - Rubric Reinforcement Activity: October
    - Video: The Use of Technology (& Discussion Questions)
    - Links: common sense media, copyright, plagiarism
  + **Grade 10: Personal Devices**
    - Personal Devices Discussion
    - Think Before You Post Activity
    - Personal Devices Role Play
    - Electronic Device Etiquette Storybook
    - Internet Copyright: Lip Dub Activity
    - Rubric Reinforcement Activity
    - Video: Social Media Addiction
    - Video: Posting Online (w/ Discussion Questions)
    - Videos: Lip Dub Samples
    - Links: common sense media, copyright
  + **Grade 11: Cyber-bullying**
    - Online & Offline Activity
    - Looking at Roles Activity
    - The Things We Say Activity
    - Reflecting on Roles Activity
    - Cyber-bullying Role Play
    - Rubric Reinforcement Activity: October
    - Libel Activity
    - Video: Saying Things Online
    - Video: Two Cyberbullying Stories (w/ Discussion Questions)
    - Video: Bullying Music Performance
    - Video: Music on Bullying
    - Links: common sense media, CT Bully Laws, violence prevention, defamation
  + **Grade 12: Social-Networking**
    - Who Would You Accept/Employ? Activity
    - 5 Years From Now Activity
    - The Impressions We Make Activity
    - Social-Networking Discussion
    - Rubric Reinforcement: October
    - Video: Online Activity and Tech Companies
    - Links: common sense media, social networking pros and cons
* **November: Who We Are, Who We’ll Be**
  + **Grade 9: Knowing Oneself**
    - Time Capsule Sheet
    - 2 Truths, 1 Lie Activity
    - Personality Quiz
    - Rubric Reinforcement Game
    - Video: Identity (w/ Discussion Questions)
    - Video: Awesome and Awkward
    - Video: When I Look in the Mirror
    - Links: personality test, color quiz, learn myself
  + **Grade 10: Knowing Each Other**
    - One Thing of Me Activity
    - Likes/Dislikes Charades Activity
    - Career Family Tree Activity
    - Rubric Reinforcement Game
    - Video: Emotional Intelligence (w/ Discussion Questions)
    - Video: But You Look Good (w/ Discussion Questions)
    - Video: Diary of Selfies (w/ Discussion Questions)
    - Links: invisible disabilities
  + **Grade 11: Qualities & Careers**
    - The World You Come From Activity
    - What Makes Us Unique Activity
    - Career Hangman & Reflection
    - Career Word Scramble & Reflection
    - Planning For the Future Discussion
    - Rubric Reinforcement Game
    - Video: Career Paths
    - Videos: Individual Careers Explained
    - Video: How to Find You Passion
    - Links: career paths, student aid, questions to ask at college fairs
  + **Grade 12: Planning for the Future**
    - Planning For the Future Activity
    - Resume Verbs Activity
    - Interviewing Activity
    - Rubric Reinforcement Game
    - Video: Poor Interviewing (w/ Discussion Questions)
    - Video: Interviewing
    - Video: Regular People
    - Video: Power Posing
    - Link: resume templates and samples
* **December: Community Building**
  + **Grade 9: Building Community in Advisory**
    - School Community Questionnaire Activity
    - Building Community Activity
    - Outlining Similarities (Group Profile) Activity
    - Video: You Have a Choice (w/ Discussion Questions)
    - Video: Supporting Others (w/ Discussion Questions)
  + **Grade 10: Being a Part of Larger Communities**
    - Making a Difference in the Community
    - Local and School Clubs and Activities discussion
    - Post-It Activity
    - Video: Reaching Out to the Community (w/ Discussion Questions)
    - Video: A Message to All (w/ Discussion Questions)
  + **Grade 11: Causes**
    - Causes Auction
    - Causes Advertisement Activity
    - Contributing: Where and How? Activity
    - Video: If You Give a Little Love
    - Video: Veterans
    - Video: Know Who You’re Donating To
    - Links: specific causes
  + **Grade 12: Contribution**
    - Community Discussion
    - Making Plans to Contribute Activity
    - Follow Through With a Plan to Contribute
    - Video: Just a Touch of Love (w/ Discussion Questions)
    - Link: Newington Volunteering
* **January: Goals & Life Obstacles**
  + **Grade 9: Recognizing Abuse**
    - Goal Check-In Activity
    - Active Participation Activity
    - Study Skills Activity
    - Controlling Behavior
    - Video: One Woman’s Story
    - Video: Dating Abuse
    - Video: Are You Experiencing Emotional Abuse
    - Links: CT Coalition Against Domestic Violence, Rape Abuse & Incest National Network, CT Sexual Assault Crisis Services, ASPIRE app
  + **Grade 10: Dealing With Rejection**
    - Goal Check-In Activity
    - Active Participation Activity
    - Study Skills Activity
    - Winning & Losing Activity
    - Video: Saying “No” (w/ Discussion Questions)
    - Video: Dealing with Rejection
    - Video: Accepting Rejection
    - Video: Janis Joplin on Rejection (w/ Discussion Questions)
    - Video: David Foster Wallace on Ambition (w/ Discussion Questions)
    - Video: Unwanted (w/ discussion questions)
    - Links: pain of social rejection, ostracism, improving self-esteem
  + **Grade 11: Respecting Authority (Respecting Others)**
    - Goal Check-In Activity
    - Active Participation Activity
    - Study Skills Activity
    - Speeding Ticket Activity
    - Video: Disrespecting Authority (w/ Discussion Questions)
    - Video: Encounters with Police
    - Video: Sexual Objectification
    - Link: Newington Police Dept
  + **Grade 12: Substance Abuse\***
    - Goal Check-In Activity
    - Active Participation Activity
    - Study Skills Activity
    - Alcohol Use Spectrum
    - Video: Common Stories
    - Video: From Their Loved Ones
    - Video: Effect of Substance Abuse
    - Links: drug free.org, CT Clearinghouse, finding treatment, help guide
* **February: Respecting Others**
  + **Grade 9: Empathy & Listening**
    - Ethical Decision Making Activity
    - Empathy Activity
    - Active Listening Activity
    - Conflict Resolution Activity
    - Video: Empathy (w/ Discussion Questions)
    - Video: Listening (w/ Discussion Questions)
    - Video: Talking to Others
    - Video: Me Monster (w/ Discussion Questions)
  + **Grade 10: Understanding Others** 
    - Culture Bingo I Activity
    - Culture Bingo II Activity
    - Cultural Proverbs Activity
    - Respecting Cultures Discussion
    - Video: Cultural Gestures (w/ Discussion Questions)
    - Video: What Some Don’t Know (w/ Discussion Questions)
    - Video: Racism in the Workplace
    - Video: Focus on Equality
    - Video: History of Race
    - Links: Anti-Defamation League, Understanding Gender, Politics of Identity, Office of Diversity and Inclusion
  + **Grade 11: Communication**
    - The Herman Grid Activity
    - Communicating With Others Activity
    - Chain of Diversity
    - What Do You Know or What Have You Heard?
    - Video: The Things Some say
    - Video: The Importance of Accepting Others
    - Video: Prejudice and Profiling (w/ Discussion Questions)
    - Video: Talking About Depression
    - Video: Gossip (w/ discussion questions)
  + **Grade 12: Apologizing & Forgiving**
    - Apologizing Activity
    - Forgiving Activity
    - The Power of Forgiveness
    - Video: Saying Sorry (w/ Discussion Questions)
* **March: Personal Growth**
  + **Grade 9: Growth Mindsets**
    - Important Decisions Activity
    - Growth Mindsets Activity
    - Growth Mindsets- Common Sayings Activity
    - Getting Along Activity
    - Video: Automatic Thoughts (w/ Discussion Questions)
    - Video: Crisis, Resilience, & the Growth Mindset (w/ Discussion Questions)
    - Link: Road to Resilience
  + **Grade 10: Stress**
    - Am I Stressed Out? Activity
    - Personal Stress Management Activity
    - Stress Relievers Activity
    - What Would You Do If… Activity
    - Video: Time Management
    - Video: How to Meditate
    - Video: Yoga at Your Desk & Standing Yoga
    - Video: Stress Management
  + **Grade 11: Leadership**
    - Post-Secondary Education Bingo
    - Leadership Inventory Activity
    - Identifying Leadership Skills Activity
    - Acting out Leadership Skills Activity
    - Video: Poor Leadership (w/ Discussion Questions)
    - Video: Leadership Skills
    - Video: Build Your Leadership Skills
  + **Grade 12: Attitude**
    - How Does Attitude Affect My Job? Activity
    - Employer Expectations Activity
    - Job Hunting Activity
    - Career Vocabulary Activity
    - Anger Management Activity
    - Video: Edith Eva Eger (w/ Discussion Questions)
    - Video: First Impressions
* **April: Citizenship**
  + **Grade 9: Respecting the Environment**
    - Earth Day Word Ladder
    - Sing Down Activity
    - Pieces of the Puzzle
    - The Reuse Activity
    - Video: Repurposing for the Garden
    - Video: Single Stream Recycling
    - Links: CT DEEP, Earth Day, Repurposing
  + **Grade 10: Waste**
    - Agree/Disagree Activity
    - How Much Water? Activity
    - Spreading Environmental Awareness
    - Video: Plastic Waste (music)
    - Video: Trash & Recycling
    - Video: Over-Consumption
    - Video: Girl Petitions Against Waste
    - Links: CT DEEP, All About Waste, Earth Day
  + **Grade 11: Global Awareness**
    - Environmental Issues Debate
    - From Volunteering Activity
    - Environmental Awareness Word Search
    - Video: Global Awareness
    - Video: Saving the Rainforest
    - Video: Global Conflict and Peace (w/ Discussion Questions)
    - Video: Where is the Love? (music)
    - Links: CT DEEP, National Geographic: Environment, Rainforests
  + **Grade 12: Civic Duties (& Paying It Forward)**
    - Civic Duty Discussion
    - Words of Advice Activity
    - Sharing Experiences Activity
    - Surviving High School Board Game Activity
    - Video: Keep Kindness Afloat (w/ Discussion Questions)
    - Video: Paying It Forward (w/ Discussion Questions)
    - Videos: How to Vote & Voting
    - Links: Voter Information & Registration, Our Time, Petitions
* **May: Goal Reflection**
  + **Grade 9: Respecting Oneself** 
    - Rubric Evaluation Activity
    - SMART Goal Student Reflection Activity
    - Advisory Reflection Survey
    - Responding with Respect
    - Video: Confidence (w/ Discussion Questions)
    - Video: How to Respect Yourself
    - Video: Pro & Anti- Modest Clothing (w/ Discussion Questions)
    - Link: Amy Poehler’s Smart Girls
  + **Grade 10: Being an Advocate**
    - Rubric Evaluation Activity
    - SMART Goal Student Reflection Activity
    - Advisory Reflection Survey
    - Being an Advocate
    - Assertive, Passive, Aggressive
    - Video: Standing Up For Beliefs (music)
    - Video: Silence
    - Video: Bystanders
    - Video: Characters Unite: I Won’t Stand For…
  + **Grade 11: Building Professional Relationships**
    - Rubric Evaluation Activity
    - SMART Goal Student Reflection Activity
    - Advisory Reflection Survey
    - Interpersonal Connections Activity
    - References Activity
    - Video: Interpersonal Relationships (w/ Discussion Questions)
  + **Grade 12: HIV & AIDS Awareness**
    - Rubric Evaluation Activity
    - SMART Goal Student Reflection Activity
    - Advisory Reflection Survey
    - HIV Awareness Story
    - Video: The Difference Between HIV and AIDS
    - Video: Discrimination Against People with HIV
    - Links: AIDS.gov, AIDS.org, red.org
* **June: Summer Plans**
  + **Grades 9**
    - Summer Plans Activity
    - Human Trafficking Activity
    - Video; Human Trafficking
    - Video: Modern Day Slavery
    - Links: Newington Parks & Rec, Human Trafficking Awareness
  + **Grade 10**
    - Summer Plans Activity
    - Video: Habitat for Humanity
    - Video: Trying to Conform to a Stereotype (w/ Discussion Questions)
    - Links: Newington Parks & Rec
  + **Grade 11**
    - Summer Plans Activity
    - Video: Hard Choices
    - Link: Newington Parks & Rec
  + **Grade 12**
    - Time Capsule Reflection Activity
    - Video: Commencement Speech-Carey (w/ Discussion Questions)
    - Video: Commencement Speech-Cosby
    - Links: Health Insurance, Housing
* **Ice-Breakers & Team-Builders**
  + **All Grades**
    - Crossword Connection
    - Take a Stand
    - I’ve Done Something You Haven’t Done
    - Similarity Charades
    - Birthday Line-Up
    - Describing Personalities
    - 5 Items
    - Introduce Another
    - Purse/Pocket Scavenger Hunt
    - Find Someone Who…
    - Group Survival
    - Who Will Be Saved?
    - Keep It Moving
    - Drop the Ball
    - Lend a Hand